



# Fundamentals of Osteoporosis

Enhancing Clinical Excellence

## THE FUNDAMENTALS OF OSTEOPOROSIS: ENHANCING CLINICAL EXCELLENCE COURSE

**AGENDA**  
DECEMBER 11, 2025

### University of Tokyo Hongo Section Campus

Experimental Research Building - 13<sup>th</sup> Floor - Seminar Room #6

#### Course Faculty:

Hideaki Ishibashi (*Ina Clinics*)

Daisuke Inoue (*Teikyo University Chiba Medical Center*)

Sumito Ogawa (*University of Tokyo*)

Yasuhiro Takeuchi (*Toranomon Hospital*)

Sakae Tanaka (*University of Tokyo*)

Noriko Yoshimura (*University of Tokyo*)

Time	Lecture Title	Speaker
9:00 – 9:10	Welcome and opening remarks	Sakae Tanaka
9:10 – 9:40	1. Overview of Osteoporosis	Noriko Yoshimura
9:40 – 10:10	2. Principles of bone densitometry for the diagnosis and monitoring of patients with osteoporosis	Hideaki Ishibashi
10:10 – 10:40	3. Clinical indications for bone densitometry and other imaging technologies	Hideaki Ishibashi
10:40 – 10:50	Coffee Break	
10:50 – 11:20	4. Laboratory assessments of bone health	Noriko Yoshimura
11:20 – 11:50	5. Secondary osteoporosis	Daisuke Inoue
11:50 – 12:20	6. Clinical fracture risk estimation and monitoring	Daisuke Inoue
12:20 – 13:20	Lunch	
13:20 – 13:50	7. Non-pharmacological management: nutrition and post fracture care	Sumito Ogawa
13:50 – 14:20	8. Pharmacological management: antiresorptive agents	Sumito Ogawa
14:20 – 14:50	9. Pharmacological management: bone forming agents	Sakae Tanaka
14:50 – 15:20	10. Pharmacological management: long-term and sequential therapies	Yasuhiro Takeuchi
15:20 – 15:50	11. Pharmacological management: rare adverse events of antiresorptive treatment	Yasuhiro Takeuchi
15:50 – 16:00	Closing remarks	Yasuhiro Takeuchi